

JULY 2025

THEME:
FREEDOM TO HEAL

NEWSLETTER

MAKING LIFE BETTER ONE SESSION AT A TIME!



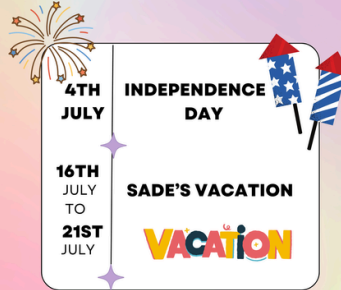
This month we honor
more than fireworks
—we honor your
freedom to rest, reset,
and rise.

Keep choosing you.

FREEDOM

ACCEPTING NEW CLIENTS NEW SERVICES INTRODUCED

OFFICE
CLOSURE &
SADE'S VACATION



UPCOMING EVENTS

MOM CAN WE TALK?

ROUND TABLE
INTERACTIVE DISCUSSION

Creating a Safe Space for Young Adults to Speak Their Mind

PANELIST
Sade Garr
Owner and Head Clinician,
Rise Up Resiliency Center

JOIN US

Saturday, July 12th
11:00AM TO 2:00PM
5540 Wayne Ave, Kansas City, MO

Presented by: Shh just got real Podcast

FREE
Get it Right
TICKETS

REMINDERS

- Please use the Client Portal to schedule, reschedule, or cancel your sessions.
- You can also reach out to Aman directly for help with scheduling.
- Please don't ignore emails from our team—they often include important updates.
- For any billing questions, contact our billing team.

♥ Mental Health Support for Black Men
In Partnership with Dads Against Crime



We've partnered with Dads Against Crime to support Black men in accessing mental health services.

Eligible individuals can receive funding and resources to help cover the cost of therapy.

INTAKE FORM

Learn about our new
Peer Support services

Learn Here

LEARN ABOUT OUR FALL OFFERINGS
IN AUGUST AT OUR
OPEN HOUSE

Stay connected with our
Social Medias



<p>1</p> <p>Billing Inquiries: 2 WAY</p> <p>1: Email: billing@riseupresiliencycenter.com</p> <p>2: Secure Message Simple Practice @ Billing RURCTherapy</p>	<p>2</p> <p>Communication with Clinicians:</p> <p>Use Secure Messaging via the Simple Practice portal.</p>	<p>3</p> <p>BLUEPRINT HEALTH APP</p> <p>Track your Check-in Daily to track symptoms and complete worksheets.</p>
<p>4</p> <p>Manage sessions</p> <p>Reschedule and Cancel Sessions through the simple practice portal.</p>	<p>5</p> <p>Cancellation Policy</p> <p>24 hour notice is required to avoid \$130 cancellation fee.</p>	<p>6</p> <p>Direct Text Messaging</p> <p>Sign the form to stay in the loop and get added to our list for upcoming events, contests and more.</p>

We are looking to add to our team
Clinicians, Peer Support Specialist,
and Client Care Coordinator

APPLY NOW

Get It Right Get It Tight Program

ARE YOU READY TO GET YOUR
SPIRIT & MIND RIGHT &
BODY TIGHT?

RISE UP RESILIENCY CENTER, LLC
601 N. MUR-LEN RD, SUITE 12A
OLATHE, KS, 66062

**FALL GROUPS
COMING SOON**

<p>healing FALL WRITING TO HEAL Mondays at 6 PM</p>	<p>Self CARE SELF-CARE SUNDAYS Monthly women's group</p>
<p>GET IT RIGHT, GET IT TIGHT Adult + Teen wellness</p>	<p>TEEN ANXIETY GROUP Support & tools for teens</p>
<p>MRS. IN THE MIRROR Women's reflection group</p>	<p>MEN'S EMPOWERMENT GROUP Mental wellness for men</p>
<p>KID'S PLAY THERAPY GROUP Emotional skills for children</p>	

JOIN NOW